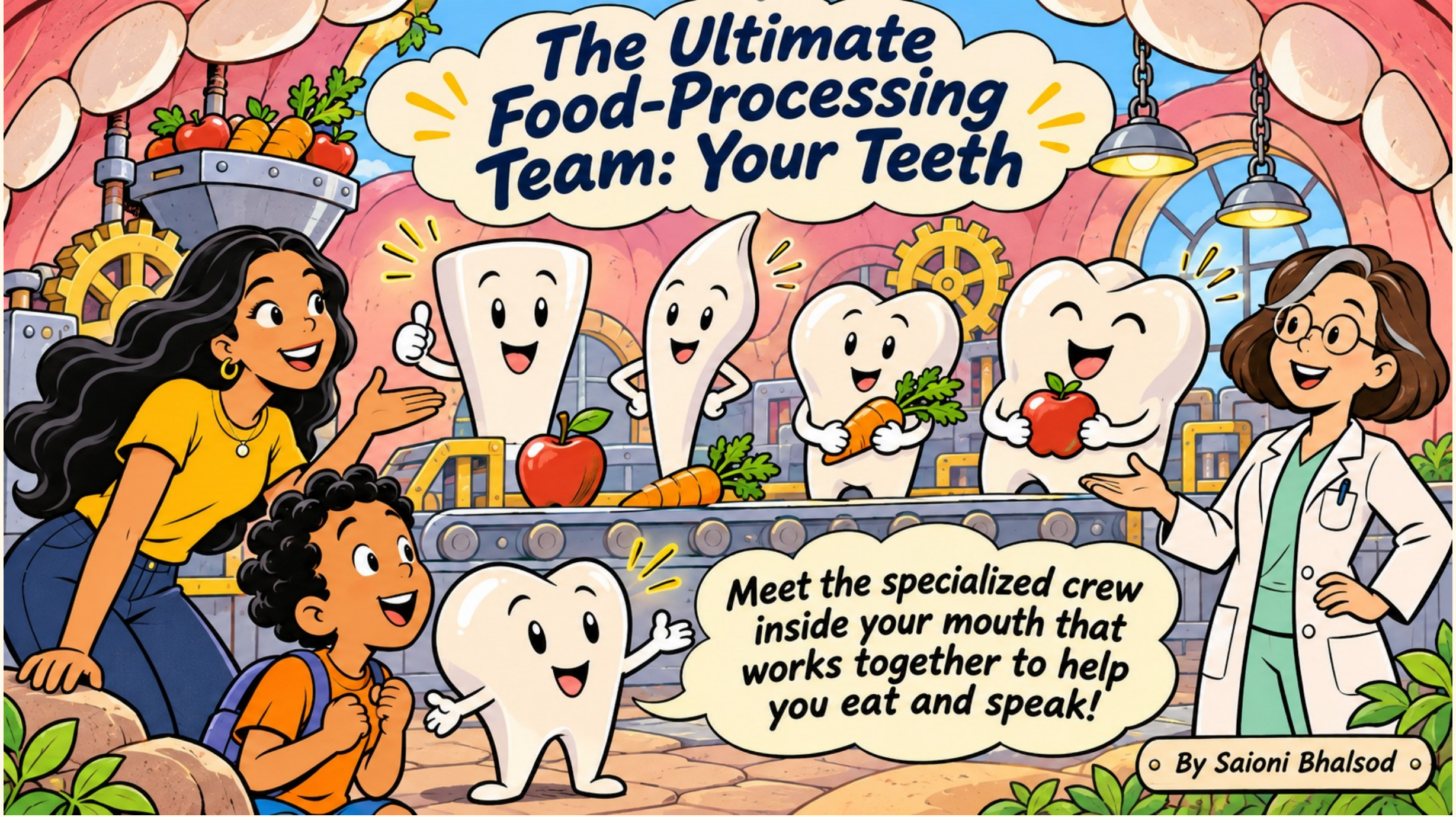
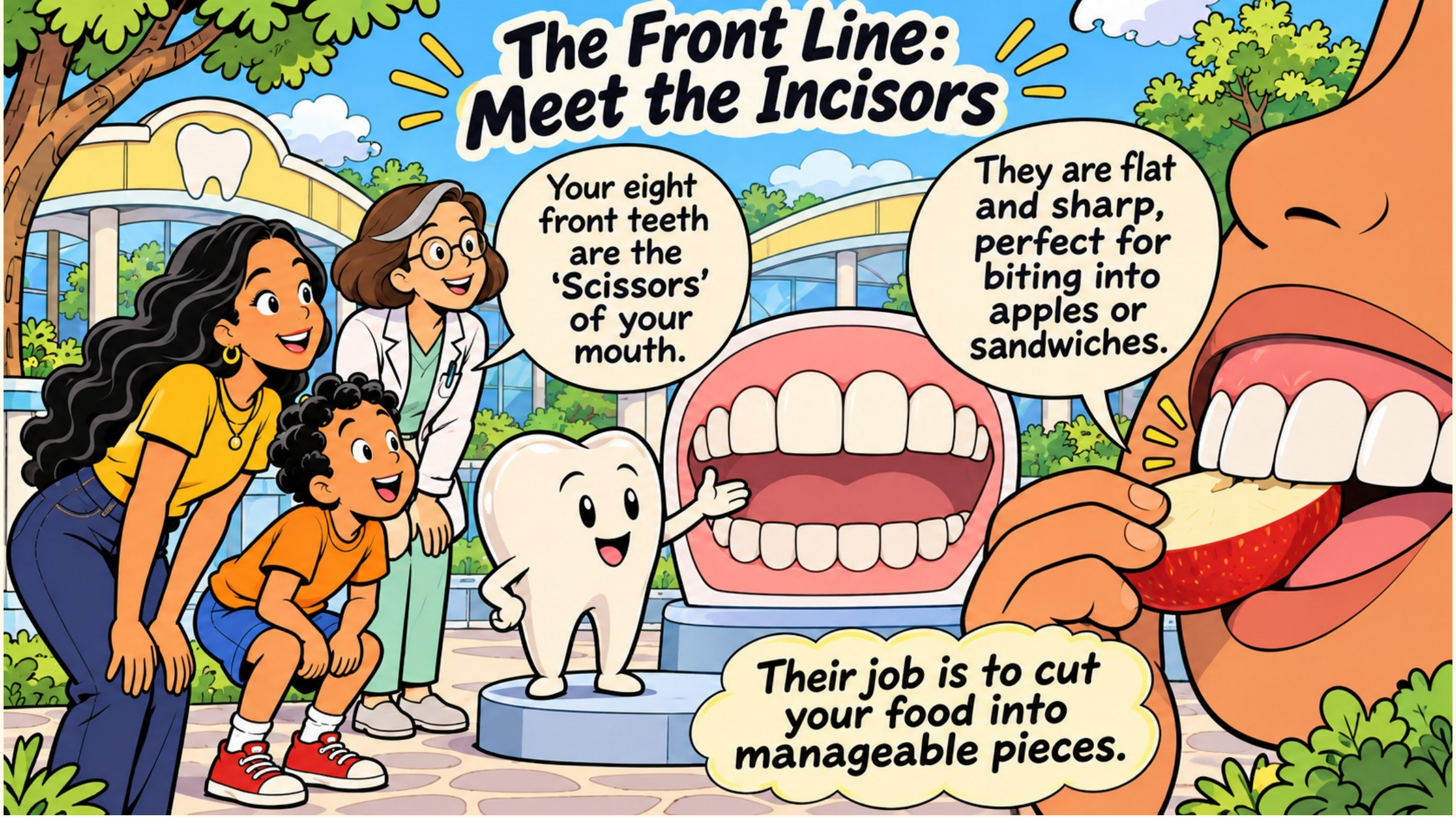
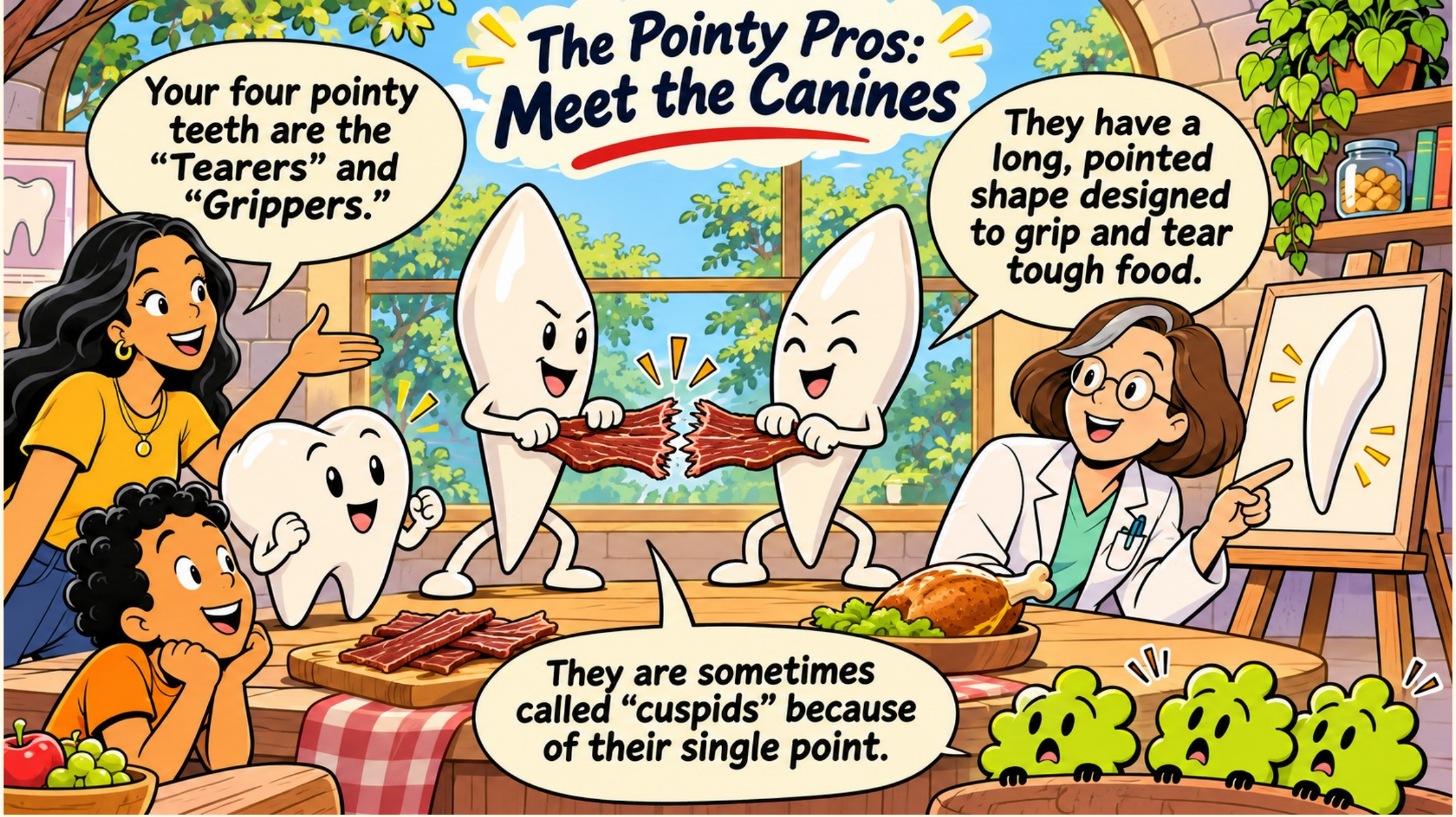
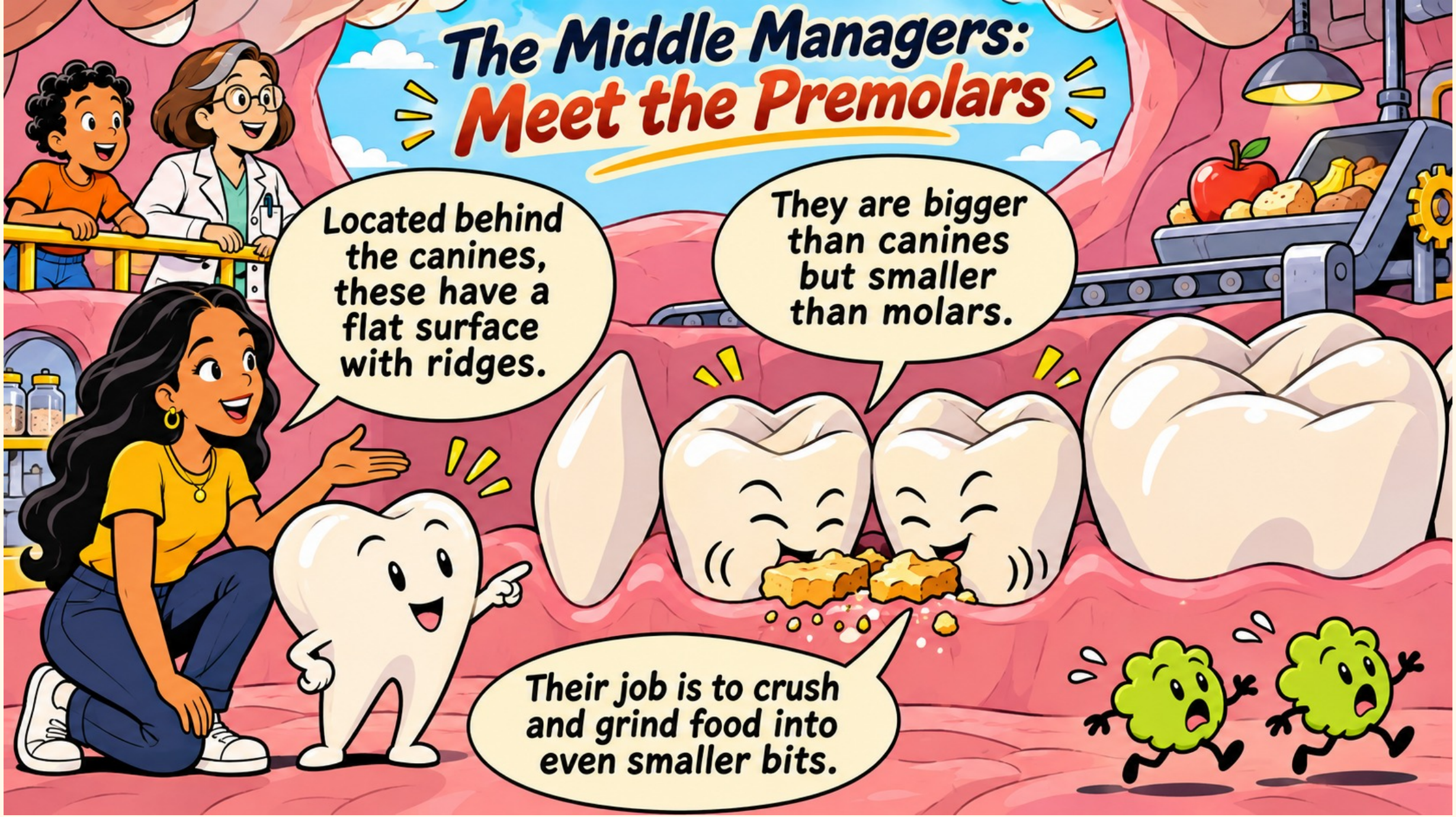
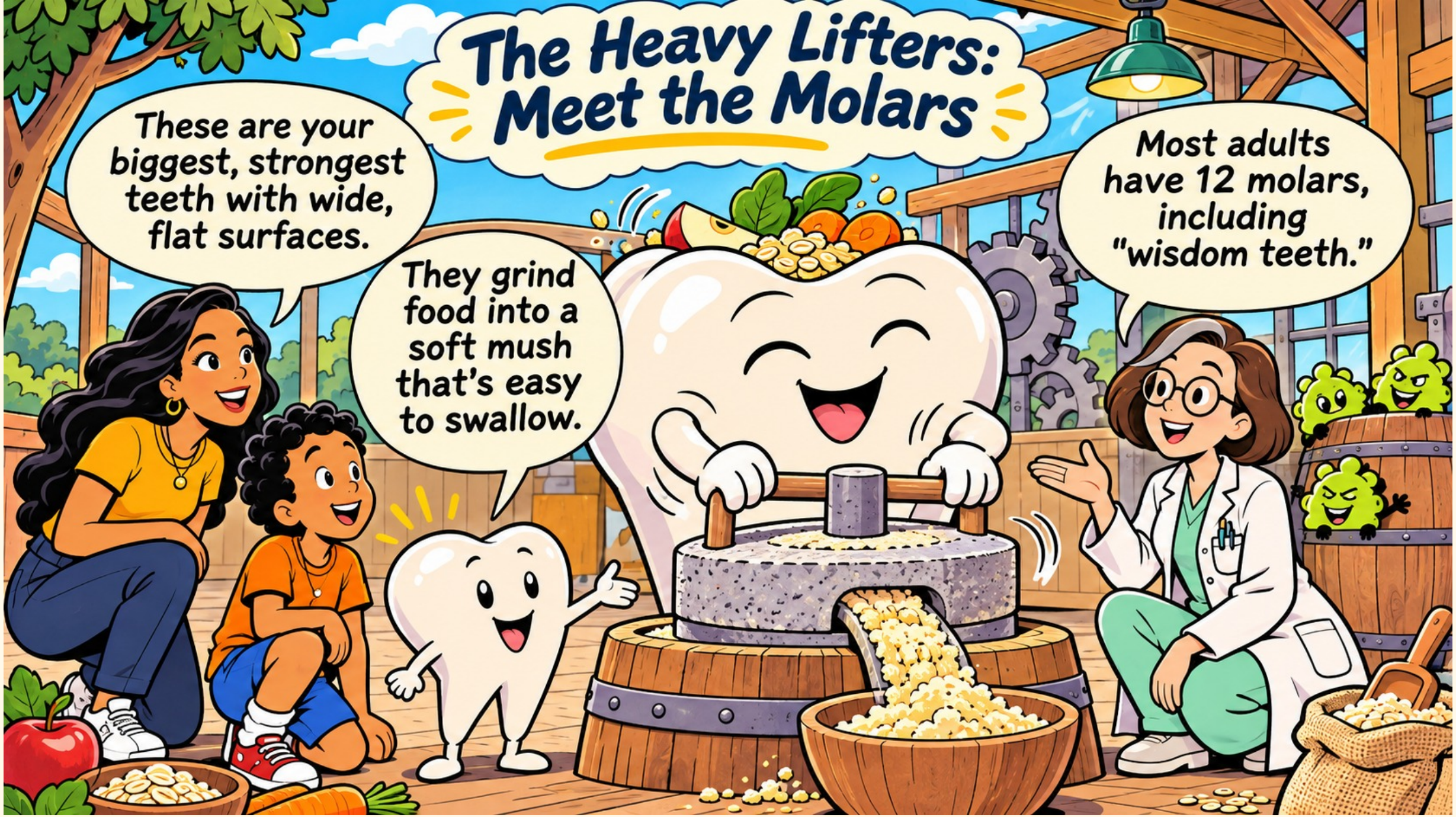

The Ultimate Food-Processing Team: Your Teeth
Meet the specialized crew inside your mouth that works together to help you eat and speak!
By Saioni Bhalsod

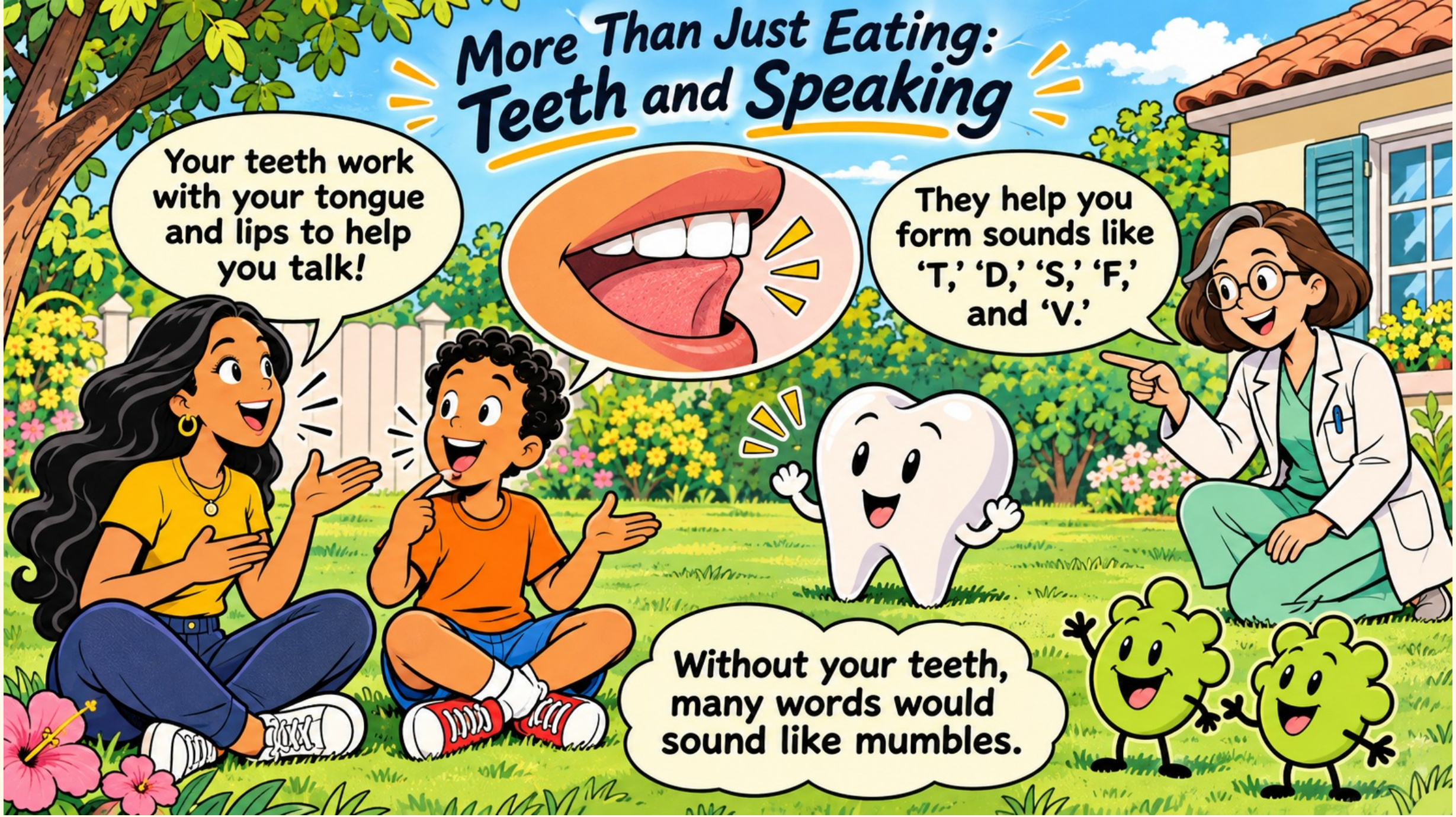

The Front Line: Meet the Incisors
Your eight front teeth are the 'Scissors' of your mouth.
They are flat and sharp, perfect for biting into apples or sandwiches.
Their job is to cut your food into manageable pieces.

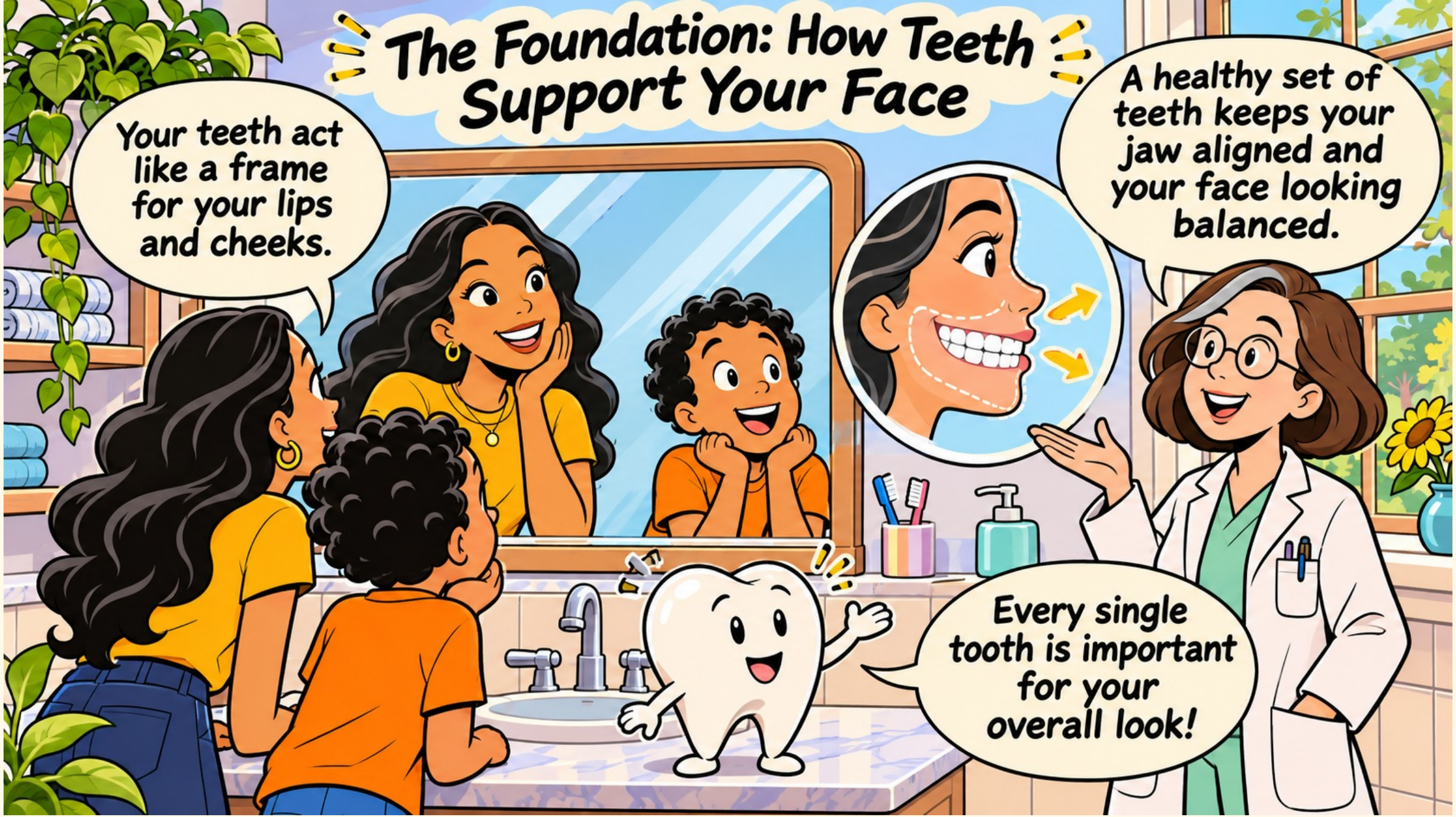

The Pointy Pros: Meet the Canines
Your four pointy teeth are the "Tearers" and "Grippers."
They have a long, pointed shape designed to grip and tear tough food.
They are sometimes called "cuspids" because of their single point.

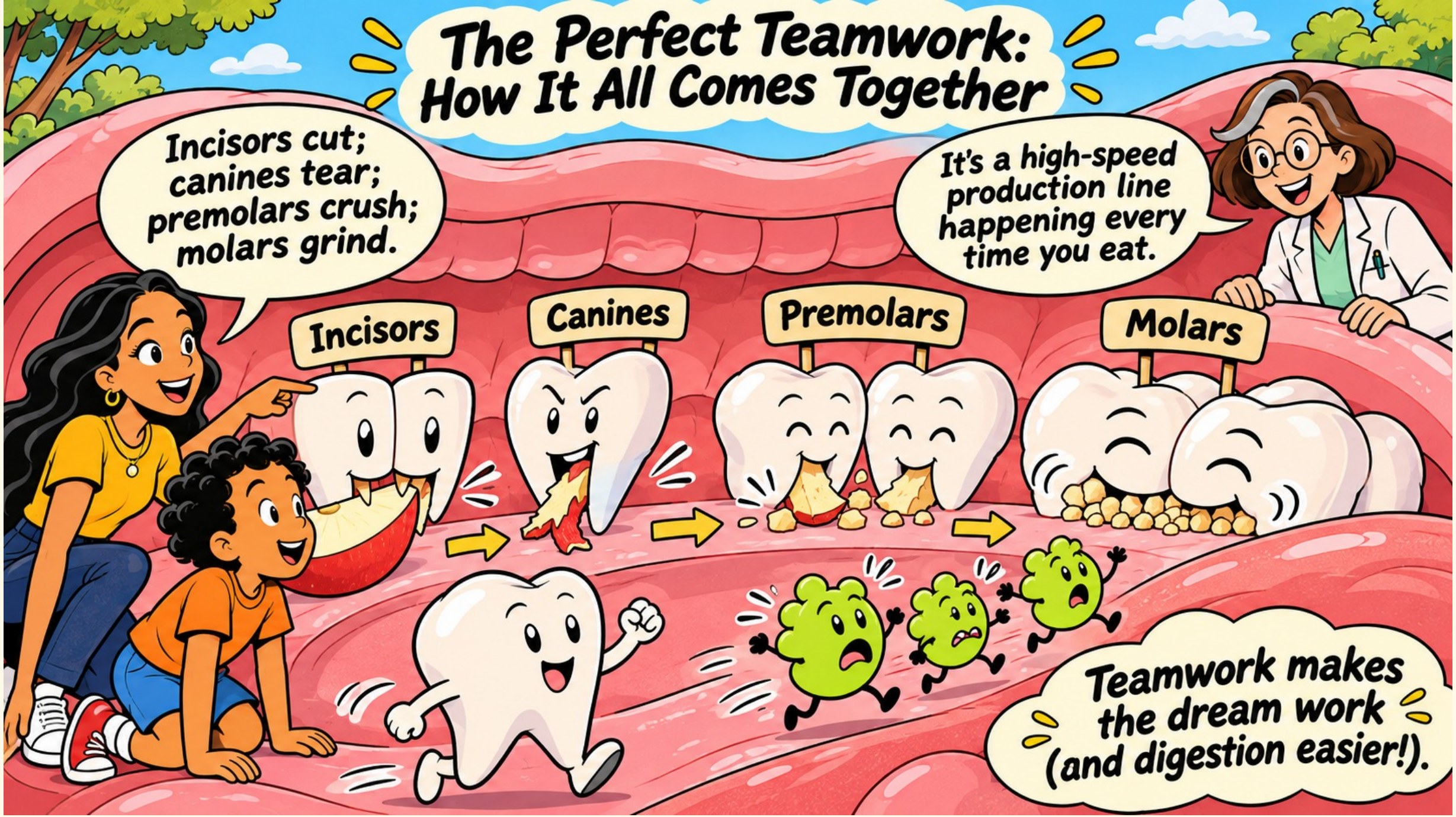

The Middle Managers:
Meet the Premolars
Located behind the canines, these have a flat surface with ridges.
They are bigger than canines but smaller than molars.
Their job is to crush and grind food into even smaller bits.

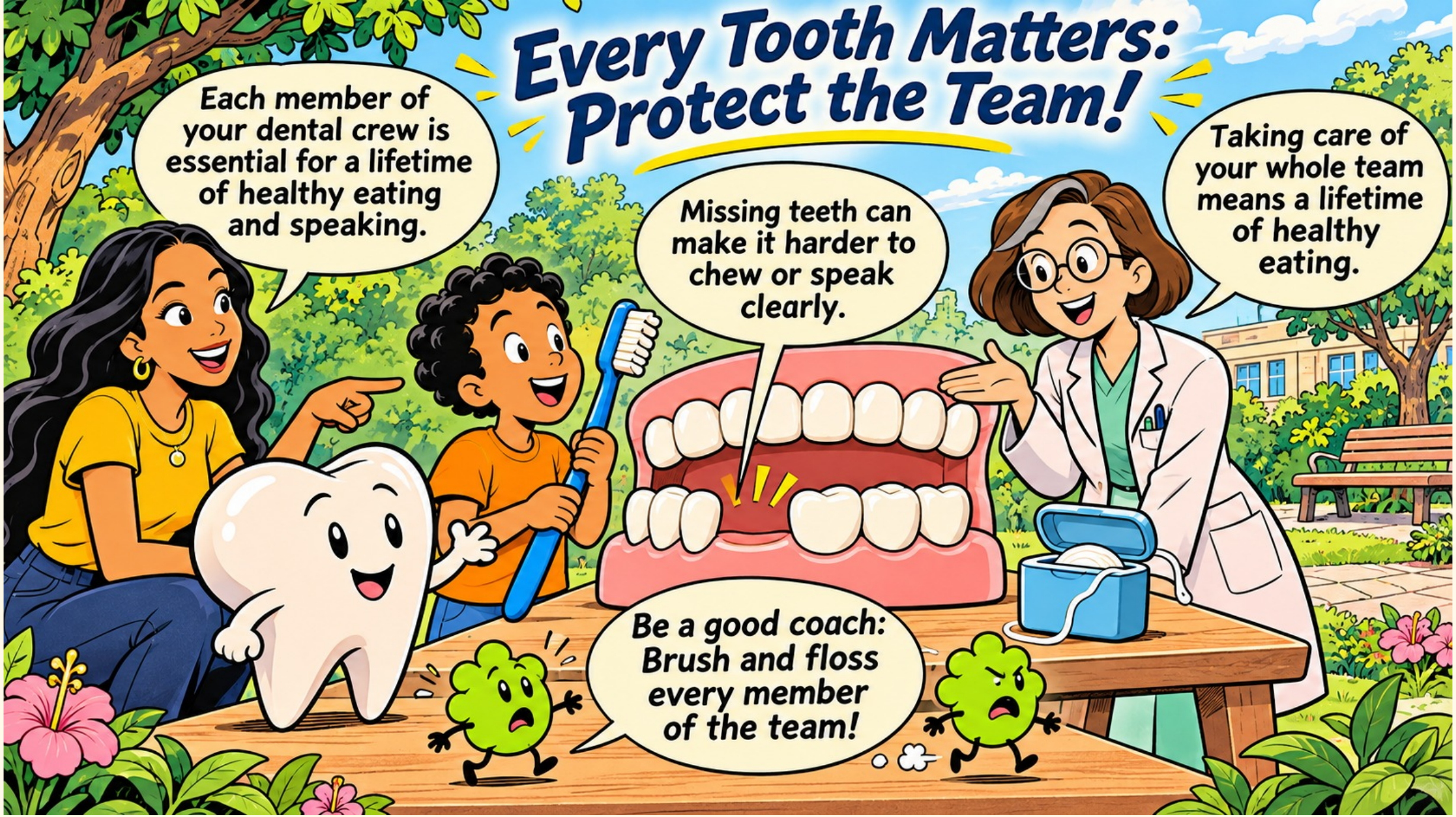

The Heavy Lifters: Meet the Molars
These are your biggest, strongest teeth with wide, flat surfaces.
They grind food into a soft mush that's easy to swallow.
Most adults have 12 molars, including "wisdom teeth."


The Wisdom Teeth: The Late Arrivals
They usually appear between ages 17 and 21.
17 18 19 20 21
Called ‘wisdom’ teeth because they show up when you’re older and ‘wiser.’
Sometimes they don’t have enough room and need a dentist’s help.


More Than Just Eating:
Teeth and Speaking
Your teeth work with your tongue and lips to help you talk!
They help you form sounds like ‘T,’ ‘D,’ ‘S,’ ‘F,’ and ‘V.’
Without your teeth, many words would sound like mumbles.


The Foundation: How Teeth Support Your Face
Your teeth act like a frame for your lips and cheeks.
A healthy set of teeth keeps your jaw aligned and your face looking balanced.
Every single tooth is important for your overall look!


The Perfect Teamwork: How It All Comes Together
Incisors cut; canines tear; premolars crush; molars grind.
It's a high-speed production line happening every time you eat.
Incisors
Canines
Premolars
Molars
Teamwork makes the dream work (and digestion easier!).


Every Tooth Matters: Protect the Team!
Each member of your dental crew is essential for a lifetime of healthy eating and speaking.
Missing teeth can make it harder to chew or speak clearly.
Taking care of your whole team means a lifetime of healthy eating.
Be a good coach: Brush and floss every member of the team!


Keep Your Team Strong!
You now know the names and jobs of your entire dental crew.
Keep them healthy, keep them clean, and keep them smiling!
You're a dental expert now!